

**Identity:**

Title: Dr.

Family Name(s): Alejandro

First Name(s): Recio-Mayoral

Age: 51

**Photo:****Application for the following position in the HFA Board or Nominating Committee:**

Ordinary Board members

**Place of work**

*If you work in multiple places, please provide the one where you spend the most time or that you consider to be your main place of practice.*

Institute/organisation:	Hospital Universitario Virgen Macarena
Department:	Cardiology
Address:	Av. Dr. Fedriani, 3, Sevilla
Post code / Zip:	41009
Country:	Spain

**General Curriculum Vitae (500 words max)**

*Please also include your H index and top 5 to 10 publications in the last 5 years*

**Appointments**

Head of the Specialized Heart Failure and Pulmonary Hypertension Unit, University Hospital Virgen Macarena, Sevilla (2016-current)

Assistant Professor of Medicine at the Universidad de Sevilla, Spain. (2018-current)

Consultant Cardiologist at Coronary Care Unit/Heart Failure Unit, University Hospital Virgen Macarena, Seville, Spain (2008-2016)

**Medical and postgraduate training**

Honorary Clinical Fellow, Hemodynamic and Interventional Cardiology, Ospedale Santa Corona, Pietra Ligure, Italy (2008)

Honorary Clinical Fellow at MRC Clinical Sciences Centre & National Heart and Lung Institute, Faculty of Medicine Imperial College of Science, Technology and Medicine, Hammersmith Hospital, London, UK (2006-2008)

Research Fellow at Division of Cardiac and Vascular Sciences, St George's Hospital, University of London, UK (2005 — 2008)

Cardiology degree (Spanish Resident Internal Medicine (MIR) program of cardiology), University Hospital Virgen Macarena, Seville, Spain (2000-2005)

**Education**

Master's degree in Methodology of Research in Thromboembolic Disease, University of Alcalá de Henares, Madrid (2021)

International Master's Degree in Pulmonary Hypertension, Francisco de Vitoria University, Madrid (2019)

Master's degree in Clinical Research Methodology, University of Barcelona, Barcelona, Spain (2016)

International PhD, University of Seville, Seville, Spain. (2016)

Master's degree in Management of Clinical Units, University of Murcia, Murcia, Spain (2013)

Doctor in Medicine, University of Seville, Seville, Spain. (1999)

**Research profile and leadership experience**

My main clinical and research interests are: Chronic Heart Failure with a focus on prevention, treatment and delivery of heart failure services; Right Ventricular Function and right-sided heart failure, tricuspid regurgitation and pulmonary arterial hypertension.

Member of the editorial board of the European Cardiology Review Journal

Several scientific peer-reviewed papers published. H index 16; i10 index 18

- Considerations involved in elective generator replacement of implantable cardioverter-defibrillators: balancing risks, benefits, and individual factors. Martínez-Sellés M, et al. Rev Esp Cardiol (Engl Ed). 2024 Jan;77(1):2-5. doi: 10.1016/j.rec.2023.07.008
- Comments on the 2022 ESC/ERS guidelines for the diagnosis and treatment of pulmonary hypertension. SEC Working Group for the 2022 ESC/ERS guidelines for the diagnosis and treatment of pulmonary hypertension and SEC Guidelines Committee. Rev Esp Cardiol (Engl Ed). 2023 May;76(5):294-300. doi: 10.1016/j.rec.2022.11.001
- Changes in circulating ApoJ-Glyc levels in patients with suspected acute coronary syndrome: The EDICA trial. Kaski JC, et al. Int J Cardiol. 2023 Nov 15;391:131291. doi: 10.1016/j.ijcard.2023.131291.
- Implementing clinical practice guidelines in the real world: a common-sense approach. Recio-Mayoral A, Morgado García de Polavieja JI. Rev Esp Cardiol (Engl Ed). 2023 Oct;76(10):757-758. doi: 10.1016/j.rec.2023.04.014
- Sex differences in Cardiorenal Syndrome: Insights from CARDIOREN Registry. Cobo Marcos M, et al. Curr Heart Fail Rep. 2023 Jun;20(3):157-167. doi: 10.1007/s11897-023-00598-x
- Optimizing the management of patients with worsening heart failure: beyond heart failure hospitalization. Esteban-Fernández A, et al. Expert Opin Pharmacother. 2023 Apr;24(6):705-713. doi: 10.1080/14656566.2023.2195540
- Centres of excellence in heart failure: results of an accreditation programme in Spain (2017-2021). Anguita-Sánchez M, et al.; Board of the Spanish Society of Cardiology. ESC Heart Fail. 2022 Oct;9(5):3649-3654. doi: 10.1002/ehf2.14029
- Experience with the potassium binder patiromer in hyperkalaemia management in heart failure patients in real life. Esteban-Fernández A, et al. ESC Heart Fail. 2022 Oct;9(5):3071-3078. doi: 10.1002/ehf2.13976

**Describe previous experience within the HFA, ESC and/or your National Cardiac/ HF Society**

*150 words maximum*

President of the Heart Failure Association of the Spanish Society of Cardiology.  
Committee Member of the Heart Failure Matter.  
Fellow of the European Society of Cardiology.  
Gold member and Fellow of the Heart Failure Association.  
ESC-WG on Pulmonary Circulation & Right Ventricular Function Membership  
Member, Spanish Society of Cardiology

**Why are you motivated to join the HFA Board or Nominating Committee?**

*150 words maximum*

As a professional devoted to chronic HF with broad experience in right-sided HF and pulmonary arterial hypertension, I am confident in my ability to contribute significantly to the association's aims. Supported by the Spanish Society of Cardiology (SEC) in this application, my experience as current President of the Spanish Heart Failure Association has consolidated my dedication to HF and provided a unique perspective on the challenges faced by those who suffer from HF. My participation on the board of HFA would be a natural step to broaden my commitment and contribute to the development of strategies at the European level. My vision is to work in synergy with colleagues across Europe to advocate for improved standards of care, advanced research, and the promotion of health policies that benefit the HF community in Europe.

**How will you combine your HFA position with your daily clinical/research workload?**

*80 words maximum*

Balancing a position in the Heart Failure Association with my daily clinical and research obligations in cardiology is undoubtedly a challenge, but I approach it with enthusiasm and determination. I have the necessary availability from both my service and my hospital to fully and effectively participate in the cooperation and development of the association's projects, including both in-person and online meetings.